

Citizens Ski Race Training Day

DETAILS:

When: January 13, 2017

Where: Cochran's Ski Area

Who: Anyone Age 18+

Cost: \$55 (ticket included)

\$35 with a Cochran's Pass

New England Masters Skiing (NEMS) with the United States Ski & Snowboard Association (USSA) is offering a one day ski race training for adults of all abilities.

- Never been in gates before?
- Regular Masters racer?
- Want to ski faster in your local league?
- Want a gold in NASTAR?

MORE INFO:

skiracereg.com/cochrans

If you answered "YES" to ANY of these questions, THIS IS YOUR DAY!

SCHEDULE

8:00: Registration

(Register on skiracereg.com)

8:50: Introduction & Review of Schedule

9:00: Break into groups for morning GS

11:45: Lunch Break with video of runs

12:45: Full-length GS/SL training

2:30: Training ends

WHAT YOU GET:

- ◆ Professional coaching by former World Cup & National Champions: Jim Cochran, Lindy Kelley & Bobby Cochran
- ◆ Ski racing fundamentals: techniques and tactics
- ◆ GS training session & optional SL training session
- ◆ Video of your racing
- ◆ Short Term USSA Masters license for a NEMS race

Sign Me Up!

Register online at www.skiracereg.com

—> Toggle to "New England Masters—Sise Cup Series"

Questions or Concerns Please Contact:

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