



## MOUNT SNOW MASTERS RACE CAMP

**JANUARY 14-17, 2020**  
**Mount Snow, Vermont**

### WHAT YOU GET:

- 2 days of GS training: Technique, tactics, timed runs
- 2 days of slalom training with progressions through brushes, stubbies and gates based on ability level
- Daily video analysis
- Après-ski social events
- Daily door prizes
- Discounted overnight race tunes at First Trax Ski Shop
- Ski tuning clinic hosted by SWIX
- Maximum participants: 40
- Tax deduction = 20% of camp tuition. Thank you for supporting New England Masters Skiing!

### COACHING STAFF:



**Lisa Ballard**



**Doug Tucker**



**John Pierce**



**Keith Rodney**

**Lisa Ballard, Camp Director:** 2018 FIS Masters SG + SL World Champion; 6X US Masters Skier-of-the-Year; 100+ US alpine masters titles (DH, SG, GS, SL); US Ski & Snowboard, PSIA-certified coach; 25+ years coaching experience; Author, *Ski Faster! Guide to Racing & High Performance Skiing*.

**Doug Tucker:** 9X US Alpine Masters Champion; US Ski & Snowboard-certified coach; 30+ years coaching experience from U10 to college and masters; coach for Killington Mountain School, Green Mountain Valley School and Okemo Mountain School coach, plus numerous race camps worldwide.

**John Pierce:** FIS, NCAA and Masters competitor with multiple titles; US Ski & Snowboard-certified coach; 25+ years coaching experience; director and coach at various clinics and camps; currently Head Coach, US Ski and Snowboard Program at Mountain Creek; NJSRA Masters Rep.

**Keith Rodney:** US Ski & Snowboard certified coach (Level 200). PSIA-Eastern Examiner; 30 years coaching experience; Former PSIA Alpine D-Team member; Coach, Mount Snow Alpine Training Center.

### SCHEDULE:

**Monday, Jan 13 (evening):** Welcome pizza party, 6:00-8:00pm, Walt's (2<sup>nd</sup> floor) at Snow Lake Lodge.

**Tuesday, Jan 14:** GS training. Ski tuning clinic and après-ski party at First Trax Ski Shop.

**Wednesday, Jan 15:** GS training (morning). GS timed runs (afternoon). "Boot Camp" (high performance boot fitting Q&A) and après-ski party at First Trax Ski Shop.

**Thursday, Jan 16:** Slalom training. Free evening.

**Friday, Jan 17:** Slalom training. Closing reception with refreshments and door prizes, Main Lodge (3rd floor)

### COST\*:

**Early Bird Registration** (before January 1, 2020): **Only \$430!**

**Regular cost** (January 1, 2020 or later): **\$530**

**Can only come to part of the camp?** We'll prorate your camp tuition based on the number of days you can attend: \$110 per day (\$135 per day if you register January 1, 2020 or later).

*\*Camp tuition includes everything on-site except lift tickets (\$39 per day including Monday, Jan 13, or use your EPIC pass), lodging and meals.*

### LODGING DEAL:

#### **Snow Lake Lodge**



Located at the south entrance of Mount Snow, 1/8 mile from the slopes. Free shuttle service from the lodge to the base area. 12-person indoor hot tub, sauna, outdoor Jacuzzi, game room.

Hotel Room: 2 double beds - \$69/night + taxes/resort fees (about \$84/night total)

Suite: One bedroom with king bed, 1 bath, full living room area with double sleeper sofa, small refrigerator, table, 2 TV's - \$89/night + taxes/resort fees (about \$108/night total)

To book, call 800-817-0764. Give the code: **MOUNT SNOW MASTERS RACE CAMP.**

*Note:* The room block will be released on December 13, 2019. After that rooms are available at this rate based on availability.

### DAILY SKI TUNING DEAL:

Discounted race tunes available to camp participants during the camp by First Trax Ski Shop:

- \$49.95 (normally \$79.95)
- Drop off after skiing. Ready the next morning
- Includes base structuring, bevel set, edge sharpening, SWIX race prep wax.

### MORE INFO:

**Lisa Ballard**, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com

**Nadine Price**, President, New England Masters Skiing, T. 978-502-3706, nprice@ntp-associates.com



Sign up at [www.SkiRaceReg.com](http://www.SkiRaceReg.com)